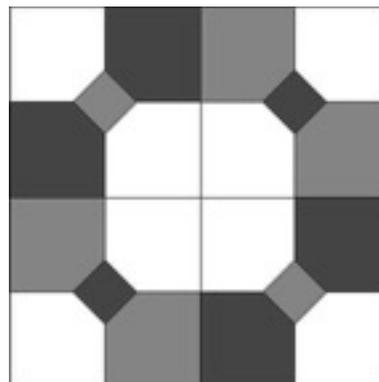


**Block 10:** True Lover's Knot (provided September 2016; share October 2016)

The True Lover's Knot is composed of four bowtie units. These are three-dimensional and are made using five square pieces of fabric. As shown, this block uses 3 fabrics: Lightest, Medium, Dark.



Fabric needed: Cut the listed pieces for each fabric. Be sure each piece is cut accurately.

	3" blocks	6" blocks	9" blocks	12" blocks	15" blocks
Lightest	8 at 1-1/4" x 1-1/4"	8 at 2" x 2"	8 at 2-3/4" x 2-3/4"	8 at 3-1/2" x 3-1/2"	8 at 4-1/4" x 4-1/4"
Medium	6 at 1-1/4" x 1-1/4"	6 at 2" x 2"	6 at 2-3/4" x 2-3/4"	6 at 3-1/2" x 3-1/2"	6 at 4-1/4" x 4-1/4"
Dark	6 at 1-1/4" x 1-1/4"	6 at 2" x 2"	6 at 2-3/4" x 2-3/4"	6 at 3-1/2" x 3-1/2"	6 at 4-1/4" x 4-1/4"

Piecing Instructions for 9" blocks (3", 6", 12", 15")

Note: Watch carefully as you stitch.

1. Fold a Dark square in half, wrong sides together.
2. Create a sandwich with a Medium square on the bottom, the folded square with the open side up in the middle and a Lightest square on the top. Align the top edges of your sandwich and stitch a 1/4" seam down the right side. Press the seam toward the Medium square.
3. Pull the folded Dark square out and make a new sandwich using the other end. Again put a Medium square on the bottom and a Lightest square on the top. Align the edges and stitch a 1/4" seam down right side. Press the seam toward the Medium square.
4. Open the pocket formed by the Dark square. Align the raw edges of the pocket with the raw edges of the Lightest and Medium squares. With the opening of the sandwich at the top, match up the two seams in the middle and pin in place. Gently maneuver the Darkest pocket until the raw edges are even with the edges of the Medium and Lightest squares. Make sure that no excess fabric is in the 1/4" seam allowance and pin.

5. Stitch the seam making sure that all of the raw edges are caught in the seam. Note that it might be easier to handle sewing the seam by sewing from each side to the middle. If you choose to sew the seam this way, be sure to extend the second stitching over the first to secure the middle of the seam.
6. Press and furl the seam. Notice that the Darkest square now forms a diamond on the front of the block.
7. Repeat Steps 1-6 to make an identical bowtie unit.
8. Repeat Steps 1-6 twice more switching the Medium and Dark squares.
9. Arrange the units as shown. Sew the units together in a four-patch, nesting seams. Press the seams open.
10. Your three dimensional True Lover's Knot block should be complete and measure 9-1/2" x 9-1/2" (3-1/2" x 3-1/2", 6-1/2" x 6-1/2", 12-1/2" x 12-1/2", 15-1/2" x 15-1/2") if you have sewn accurate 1/4" seams and positioned the pieces correctly.